

Research Article

## Implementation of Religious Values Through Mothers' Study Activities in Family Empowerment in Pandan District

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**Abstract:** Women's religious study activities are a form of non-formal religious education that plays a strategic role in the internalization of religious values within the family. This study aims to describe and analyze the implementation of religious values through women's religious study activities and their contribution to family empowerment in Pandan District. This study applies a qualitative approach with descriptive methods. This approach is used to obtain an in-depth picture of the social reality related to the application of religious values in women's religious study activities. The study was conducted in Pandan District with subjects including religious study administrators, female religious teachers, and members of women's religious study activities as referred to by Sugiyono (2019). Data collection was conducted through in-depth interviews with 10 respondents to obtain information related to the implementation process and the impact of religious study activities. Direct observation was also conducted to observe the course of activities. Data analysis was carried out in stages through the process of data reduction, data presentation, and drawing conclusions in accordance with the Miles and Huberman analysis model. The research results show that women's religious study activities serve not only as a means of increasing religious understanding but also as a means of strengthening women's roles in fostering religious, harmonious, and independent families. The continuous implementation of religious values has an impact on improving the spiritual, social, and economic quality of families.

**Keywords:** Family Empowerment, Islamic Study Groups, Non-formal Education, Pandan District, Religious Values.

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### 1. Introduction

The implementation of religious values plays a strategic role in fostering family resilience amidst the social dynamics of society. The family is understood as the smallest unit that determines the moral and social quality of a community (Ulum, 2021). Religious values are a set of moral and ethical principles derived from religious teachings and doctrines. These values serve as guidelines for individuals in their daily lives and serve as a reference for building social relationships. Religious values can also be interpreted as fundamental teachings of a religion that serve as the basis for attitudes and behavior in social life. (Firdaus et al., 2025).

Women's religious study groups have developed as a means of non-formal religious education within the community. These groups serve as accessible learning spaces that are relevant to everyday life. Mothers play a key role in the care and education of their families. The religious material presented contributes to an increased understanding of spirituality and family ethics. These activities also strengthen social bonds among community members. The role of religious study groups is increasingly relevant in supporting sustainable family empowerment.

Family empowerment emphasizes increasing individual capacity to carry out social and economic functions (Sugianto, 2023). Empowered families are characterized by the ability to make sound decisions based on moral and religious values. Religious values provide an ethical foundation for managing conflicts and life's challenges. Mothers hold a strategic position in transforming these values to family members. Religious study groups serve as a medium for the consistent internalization of these values. This process contributes to the creation of harmonious and character-based families (Hidayati & Handayani, 2022). Pandan District has a religious and communal socio-cultural character. Religious traditions remain a vital part of local life. Women's religious study groups have become a routine activity involving people of all ages. These activities are not solely focused on ritual worship. They also foster social values such as caring and togetherness. This demonstrates the significant potential of religious study as a tool for family empowerment.

Implementing religious values through religious study can be a means of fostering positive parenting patterns. Mothers gain insight into the importance of educating their children according to religious teachings. The values of patience and role modelling become the main foundations of parenting. This knowledge is applied in daily family life through various measurable processes to strengthen the emotional bond between parents and children. This, in turn, has a long-term impact on the character development of the younger generation (Cahyani et al., 2024).

Women's religious studies also serve as a means of increasing religious literacy. The study material covers faith, worship, and morals within the context of modern life. A sound religious understanding helps families respond wisely to social change. Religious values act as a filter against external influences. The family's spiritual awareness gradually strengthens. This supports family stability within the community (Ritonga et al., 2021).

The socioeconomic aspects of families are also influenced by the implementation of religious values. Religious study groups often serve as a forum for sharing experiences and solutions to family life. Mothers support each other in facing economic and social challenges. The values of honesty and hard work are emphasized as life principles. These attitudes foster family independence and solidarity. Family empowerment is reflected in increased self-confidence and social participation. (Lubis et al., 2020).

The role of religious leaders and study facilitators significantly influences the effectiveness of the activities. Contextual delivery of material facilitates participants' understanding of religious teachings. Discussion and question-and-answer methods increase active participation among mothers. The interactions foster an inclusive learning environment. The learning process is both dialogical and applied. The results are evident in changes in family attitudes and behaviors (Nurjannah et al., 2023).

Indonesia is the country with the largest Muslim population in the world, representing approximately 85-87 percent of the total population. Islam in Indonesia is not only the majority religion but also develops through a dynamic mindset that reflects cultural diversity and responds to the changes and challenges of the times. (Tanjung et al., 2025) . Women's religious study groups contribute to strengthening social networks based on religious values. Relationships between individuals are forged through regular and intensive interactions. Trust and social solidarity develop naturally. This network serves as social capital for family empowerment. The value of togetherness facilitates the implementation of community social activities, thus strengthening social resilience in Pandan District (Batubara et al., 2025) .

The implementation of religious values is inseparable from internal and external challenges. Time constraints and household busyness impact mothers' participation. Differences in educational background also affect the level of understanding of the material. Structured management of religious study groups is crucial. Innovation in methods and materials is necessary to maintain the relevance of activities. These efforts determine the sustainability of family empowerment (Adiansyah & Basuki, 2023) .

The family, as the foundation for community moral development, requires ongoing support. Women's religious studies provide a consistent and focused space for development. Internalized religious values strengthen the family's role as an educational agent. Positive behavioral changes are an indicator of successful value implementation. The social impact is evident in increased neighborhood harmony. This demonstrates the relevance of religious studies in social development.

Women's religious study groups are actively developing and are routinely held in various community settings. These activities involve housewives from various socio-economic backgrounds. This phenomenon demonstrates that women's religious study groups have significant potential as a medium for implementing religious values and as a means of family empowerment. Therefore, this research is crucial to examine in depth how religious values are implemented through women's religious study groups and their impact on family empowerment.

## **2. Literature Review**

### **Religious Values in Family Life**

Religious values are fundamental principles derived from religious teachings and serve as guidelines for thinking, behaving, and acting. In Islam, religious values encompass the dimensions of faith, worship, morals, and social interactions, which are integrated and inseparable from each other in the life of a Muslim (Karima et al., 2022) . Therefore, the implementation of religious values within the family serves as a foundation for character formation for family members, especially children. Values such as faith, piety, honesty, responsibility, and social awareness are key assets in building a harmonious family. Therefore, strengthening religious values within the family needs to be done continuously through various formal and non-formal educational channels.

### **Religious Studies as Non-Formal Religious Education**

Religious study groups (Pengajian) are a form of non-formal religious education that has developed widely in Muslim communities. They serve as a flexible, contextual, and easily accessible medium for transmitting Islamic values (Kholida & Satria, 2021) . Women's religious

study groups have a unique characteristic because they focus on enhancing the understanding and practice of Islamic teachings within the context of family life. Through religious study groups, mothers not only gain religious knowledge but also gain insight into women's roles and responsibilities within the family and society. This makes religious study a strategic tool for shaping mothers as agents of social change based on religious values.

### **Family Empowerment Based on Religious Values**

Family empowerment is the process of increasing a family's capacity to optimally manage its resources to achieve physical and spiritual well-being (Sugianto, 2025). Religious values play a crucial role in the family empowerment process because they serve as the ethical and moral foundation for family decision-making and behavior. Family empowerment based on religious values is not only oriented towards economic aspects, but also encompasses spiritual, social, and cultural strengthening. Thus, the family becomes not only an economic unit but also a center for fostering values and character (Judrah et al., 2024).

### **3. Research Methodology**

This study uses a qualitative approach with descriptive methods. This approach was chosen because it is able to in-depth describe the social realities related to the implementation of religious values in women's religious study activities. The research location is Pandan District, with research subjects including the study group administrators, female religious teachers, and members of the women's study group. (Sugiyono, 2019). Data collection techniques included in-depth interviews with 10 respondents to obtain information about the process and impact of the religious study activities, and observations to directly observe the implementation of the activities. Data analysis was conducted in stages through data reduction, data presentation, and drawing conclusions, as proposed by Miles and Huberman. (Alexy J Moleong, 2021).

### **4. Results and Discussion**

#### **Implementation of Religious Values in Religious Study Activities**

The implementation of religious values in religious study activities is reflected in the delivery of material oriented towards strengthening faith, worship, and morals. The material is structured in stages according to the congregation's needs, making it easy to understand and relevant to daily life. Religious teachings are delivered using a persuasive and dialogical approach so that the moral messages are deeply understood. The instillation of faith values is not merely theoretical but is linked to the social realities faced by participants. This process fosters a contextual understanding of religion. This demonstrates that religious study functions as a means of ongoing religious education.

The implementation of religious study groups also serves as a means of consistently cultivating religious practices. Worship activities such as reading the Quran, praying together, and studying Islamic jurisprudence (fiqh) are routinely implemented in every meeting. This practice contributes to increasing participants' religious awareness. Understanding of worship procedures is delivered in a practical manner so that they can be easily practiced within the family environment. Internalization of worship values occurs through the exemplary behavior of the speakers and the active involvement of the congregation. This pattern strengthens the religious dimension in daily life.

Moral values occupy a central place in the content of the religious studies. The material presented emphasizes the importance of honesty, discipline, responsibility, and social awareness. Discussions of morals are linked to social interactions within the family and community. Participants are guided to use religious teachings as the foundation for their behavior. The reflection process is conducted through case studies relevant to the congregation's experiences. This effort fosters a religious character that is inseparable from social life.

Religious study activities play a role in strengthening solidarity and brotherhood among community members. The interactions that occur during religious study sessions create a harmonious communication space. Values of togetherness and mutual respect develop through discussions and collective activities. This fosters a conducive and religious social environment. Religious study sessions serve not only as a forum for learning but also as a means of strengthening social ties. This role demonstrates the strategic function of religious study sessions in social development based on religious values.

The sustainability of religious values implementation is influenced by consistency of implementation and environmental support. The involvement of religious leaders and activity managers is a crucial factor in maintaining the quality of religious studies. Material evaluation is conducted to adapt to the evolving needs of the congregation. Participants' awareness of the importance of religious studies strengthens the sustainability of the activities. The implementation of religious values ultimately forms a more focused pattern of religious life. This condition confirms that religious studies are an effective instrument for internalizing religious values .

### **The Role of Religious Studies in Family Empowerment**

of mothers' religious study groups significantly contributes to the family empowerment process in the areas of values, attitudes, and daily life practices. Religious study activities create a non-formal learning space that strengthens mothers' understanding of Islam as the foundation of family education. Actively involved mothers have a greater awareness of their responsibilities as primary educators for their children. Religious-based parenting patterns are reflected in the habituation of worship, the formation of morals, and the instilling of moral discipline within the home environment. The internalization of these values occurs continuously through the material and role models learned in religious study groups. This reinforces the family's role as the primary educational institution.

Religious study also plays a role in improving the quality of internal family relationships by strengthening understanding of the roles and responsibilities of family members. Mothers gain knowledge about healthy family communication based on Islamic teachings. This understanding fosters greater patience and wisdom in dealing with differences of opinion within the household. The ability to manage family conflict improves as practical religious insight expands. Family harmony is maintained through a more mature approach to deliberation and emotional management. These impacts contribute to a safe and conducive home environment for children's development.

The existence of religious study groups serves as a vehicle for strengthening social networks among mothers within the community. Regular interactions foster emotional bonds based on mutual trust and caring. Social solidarity develops through the exchange of experiences, moral support, and collaboration in various activities. The social relationships

established expand mothers' access to information and social assistance. This strengthens the family's position in facing social and economic challenges. Solid networks provide valuable social capital for the sustainability of family life.

The impact of religious studies extends to family social participation in the community. Mothers' involvement fosters collective socio-religious initiatives. Mutual cooperation activities develop as a manifestation of concern for shared needs. This participation strengthens the family's role as an integral part of society. The values of togetherness and social responsibility are internalized through practical practices. The contribution of religious studies to family empowerment is evident in the improvement of individual quality, family resilience, and community social cohesion.

### **Impact on Social and Economic**

women's religious study groups is evident in the ongoing strengthening of social relations among members. Regular interaction within religious forums creates a space for intensive communication, mutual trust, and stronger social solidarity. The religious values conveyed are not merely understood normatively but are internalized in the form of social concern and collective responsibility. This fosters a shared awareness of mutual assistance in meeting family economic needs. This conducive social environment provides essential social capital for the development of productive activities based on togetherness. The existence of religious study groups serves as an effective vehicle for social development at the community level.

The economic impact of religious study activities is reflected in the emergence of various group-based economic initiatives independently managed by women. Activities such as productive social gatherings (arisan), small joint businesses, and simple savings and loans have developed in response to household economic needs. These practices demonstrate the transformation of the role of religious study from merely a religious activity to a means of family economic empowerment. Collective business management provides entrepreneurial experience, improves financial management skills, and expands access to economic resources. The group-based approach also minimizes business risks through mutual support mechanisms. These impacts contribute to increasing the economic resilience of participating families.

The link between religious values and economic activities in women's religious study groups demonstrates the harmonious integration of spiritual and social aspects. Religious teachings serve as a moral foundation that shapes work ethic, honesty, and responsibility in carrying out economic activities. This pattern strengthens members' independence without neglecting the principles of togetherness and social justice. The success of economic initiatives growing out of religious study groups demonstrates the significant potential of informal religious institutions as agents of socioeconomic development. This model is relevant for development as a community empowerment strategy based on local and religious values. The resulting impact is sustainable because it relies on the awareness and active participation of members.

## **5. Conclusion**

The study's conclusions indicate that women's religious study activities play a strategic role in the internalization of religious values, encompassing aspects of faith, worship, and morals, in a contextual and sustainable manner. The implementation of these values not only

shapes religious understanding but also influences participants' attitudes and behaviors in family and social life. The role of religious study has been proven to strengthen family empowerment by improving the quality of parenting, household harmony, and strengthening social networks among mothers. The social and economic impact of religious study is reflected in the growth of community solidarity and group-based economic initiatives that support family independence and economic resilience. The integration of religious values with social and economic practices makes religious study an effective means of sustainable, religious-based community empowerment. Therefore, women's religious study activities need to be continuously supported and developed as part of a strategy for empowering families based on religious values.

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